



1 Peter 3: 1-2 In the same way, you wives must accept the authority of your husbands. Then, even if some refuse to obey the Good News, your godly lives will speak to them without any words. They will be won over² by observing your pure and reverent lives.

Ten affirming things your husband needs to hear regularly.

1. You are my hero.
2. Thank you for taking the trash out, doing the dishes and cleaning the kitchen.
3. The best part of my day is when you come home.
4. You're a sexy, sexy man.
5. Thank you for providing for me, taking care of me, and making things easier for me.
6. I couldn't have done it without you.
7. I'd marry you all over again.
8. Thank you.
9. I appreciate how hard you work for our family.
10. I need and appreciate your thoughts and wisdom.

Say them often. Say them in front of your children and brag about your man in front of your friends.

Things you should NEVER SAY to your spouse.

1. You're stupid. You're a jerk. You're an idiot.
2. You always or You never
3. It's your fault that..."
4. I want a divorce.
5. I never loved you.
6. Marrying you was a mistake, we are wrong for each other.
7. Well, so-and-so's husband _____. [Fill in the blank with whatever it is you're trying to shame your husband into doing/being/giving you].
8. My mother was right about you.
9. I told you so.
10. You never think about anyone but you.